

Ucluelet & Tofino Area **2018-2019 Phonebook**

Printed on 100% recycled, chlorine free paper!

Tell businesses you have seen their ad to ensure the future of this useful directory.

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☎	Phonebook sales are DONATED to Cystic Fibrosis research	

Extra phonebooks available at: L.A. Grocery, Tofino250.725.4251
Murray's Grocery, Ucluelet ..250.726.4337

911: Emergency number for • FIRE • POLICE • AMBULANCE

EMERGENCY Search & Rescue (Coast Guard).....1.800.567.5111
Earthquake, Flood, Dangerous Goods Spills, Tsunami.....1.800.663.3456

NON-emergency:	UCLUELET	TOFINO
Police:	726-7773	725-3242
Ambulance:	725-2252	725-2252
Hospital:	725-4010	725-4010
Medical clinics:	726-4443	725-3282

FIRE

1. Leave the building, closing doors and windows as you go to slow the flames.
2. If you are outside, stay there, and do not let anyone break windows - this fuels the fire.
3. Call 911 with details. 4. Count everyone who might be in the building - but do not enter.

Tsunami:

Report to your emergency shelter at the Tofino Elementary or Ucluelet High School
Please avoid using the phone to keep the lines open for emergency use only.

SCHRAMM DESIGN
7 2 6 7 4 8 1

*← 22 years
of phonebooks!*

Fax: 726-2058 Phone: 726-7481 Box 995 Ucluelet, B.C. VOR 3A0

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Contact us if we missed a phone number or (horrors) made a mistake: barbara@schrammdesign.com

GREAT Toll Free Number\$

BC Hydro Service.....	1-800-224-9376	Enquiry (Federal).....	1-800-622-6232
(outages/emergencies).....	1-888-769-3766	Hello BC.....	1-800-663-6000
BC Ferries (info/reservation).....	1-888-223-3779	MLA Scott Fraser.....	1-866-870-4190
Camping B.C. (reservations).....	1-800-689-9025	MP Gord Johns.....	1-844-620-9924
Cruelty & Wildlife Hotline.....	1-855-622-7722	Recycling hot line.....	1-800-667-4321
Enquiry BC.....	1-800-663-7867	Nurses hot line (Health Link).....	811

Helpful shortcuts to useful places

EMERGENCY (911) & HEALTH

Hospital.....	725.4010
Tonquin medical clinic.....	725.3282
Ucluelet medical centre.....	726.4443
Mental Health Centre.....	726.1282
Ahousaht Emergency Response...	670.9585
Food Bank.....	726.6909
Children/family social services	720.2650
Children's Help Line.....	310.1234
Health unit.....	725.4020
Hospice Society.....	725.1240
Drug/alcohol outreach.....	726.1282
Narcotics Anonymous.....	726.7279
Ittatsoo health clinic.....	726.7343
Transition house (24.hour).....	726.2020
Poison control centre.....	1.800.567.8911
AV. Employment Centre.....	726.4243
see also community directory pages...	34-39

COAST GUARD

Prince Rupert Safety South.	250.627.3082
Tofino.....	725.3231
Search & Rescue.....	1.800.567.5111

FIRST NATIONS

Ahousaht FN Office.....	1.250.670.9563
Hesquiata FN Office.....	1.250.670.1100
Tla.o.qui.aht FN Office.....	725.3233
Toquaht FN Office.....	726.4230
Ucluelet FN Office.....	726.7342

Service BC..... 726.7025

Service Canada..... 800.277.9914

LANDFILL (DUMP)..... 726.2727

Marine Weather (Forecast)..... 726.3415

PACIFIC RIM NATIONAL PARK

Information Centre.....	726.4212
Park Administration.....	726.3500 / fax3520
Warden's Office.....	726.7165
K'wisitis Visitor Centre.....	726.3524
Emergency Dispatch.....	726.3604

PROBLEM/Info. Report Centres

Crimestoppers (tips).....	1.800.222.8477
BC Highway Conditions.....	5 1 1
Fisheries violations.....	1.800.465.4336
Marine Mammal Rescue.....	604.258.7325
SPCA Alberni-Clayoquot Branch...	723.5269
Emergency Preparedness.....	1.800.663.3456
Wildlife conflicts.....	1.877.952.7277

SCHOOLS

Maaqtusiis Ele/Sec.....	670.9555
North Island College.....	726.2697
Ucluelet Elementary.....	726.7793
Ucluelet Secondary.....	726.7796
Wickaninnish Elementary.....	725.3254

TOFINO

Municipal Office.....	725.3229
Works Yard.....	725.4212
Tofino Harbour Master.....	725.4441
Chamber of Commerce.....	725.3153
Tofino Visitor Centre.....	725.3414

UCLUELET

Bylaw.....	266.2159
Chamber of Commerce.....	726.4641
Community Centre/Rec Dept...	726.7772
Harbour Master.....	725.8190
Municipal Office.....	726.7744
Works Yard/PW Emergency.....	726.8587
Pacific Rim Visitor Centre.....	726.4600

SCHRAMM DESIGN

Phone: 726-7481 Box 995 Ucluelet, B.C. VOR 3A0 www.longbeachmaps.com

KEY to the book

All seven diget numbers **REQUIRE 250** to be added.

726 = Ucluelet (VOR 3A0) 725 = Tofino (VOR 2Z0) Cell numbers are in *italic*.

ABBREVIATIONS are a necessary evil! IE: Pacific Rim Highway = PacRim Hwy

For Government or out-of-town numbers please consult the Telus book

A

A SNUG HARBOUR INN

460 Marine.....	726-2686
Abbondanza Pizza.....	726-1273
Abbott Alida 1165 Cedarwood.....	725-4475

A.C.E. COURIER SERVICES

Tofino.....	725-2144
Ucluelet.....	726-2844
Ahier Arthur 820 Campbell.....	725-4265
Ahluwalia R.....	726-7162

AIDS & STD Testing & Info.... 1-800-661-4337

Ak Tofino Apts Inc B101-151 Eik..... 725-2766

ALANDACE CONTRACTING Ltd.

Box 1086, Ucluelet..... 726-5254

ALBERNI VALLEY Employment Centre:

101-1801 Bay Street..... 726-4243 / fax2975
381 Main, Tofino..... 725-8805 / fax2845

ALBERNI VETERINARY CLINIC

1850 Alberni Hwy P. A..... 250-723-7341



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www.awesomeview.com

An adult-oriented romantic retreat, each room with private deck, fireplace, jetted tub and private bathroom. Rooms with fabulous oceanviews, some fully handicapped accessible and one pet friendly room available.

 **FULL BREAKFAST INCLUDED** 

460 Marine Drive • 726-2686

ALBION ELECTRIC

Travis Rouleau..... 250-726-5304

Alcohol & Drug Information and

Referral Service..... 1-800-663-1441

A A..... 1-800-883-3968

Ucluelet Alanon..... 726-7279

ALL SURVEYS Technical Service

Tony deVos, Tofino..... 250-726-6540

Allen Simone 1783 Rainforest..... 726-2440

AMBULANCE Emergency calls..... 911

Non-Emergency..... 725-2252

Admin...952-5900 Billing....1-800-665-7199

Amin M..... 725-2911

Amos Kevin 260 Neill..... 725-3257

Amos Sheila..... 725-2881

Amrhein Michael & Wendy

1130 Pac Rim Hwy..... 725-3379

Alandace Contracting

COMMERCIAL • RESIDENTIAL

New Construction or Renovations


Phone Dave:

726-5254

Box 1086, Ucluelet, BC



REMOTE PASSAGES
51 Wharf St, TOFINO
www.remotepassages.com



REMOTE PASSAGES
51 Wharf St, TOFINO
250.725.3330



1.800.666.9833

ANCHORS INN WATERFRONT CABINS

131 Garden 726-8255
 Ancient Cedars Spa 500 Osprey 725-3113
 Anderson Alan & Leslie 726-2862
 Anderson David 1287 Helen 726-4659
 Appenheimer Wade 726-7478
 Aquarium, Ucluelet 180 Main 726-2782

ARBUTUS HEALTH CENTER

Robyn Sorge R.Ac. 1180 Pac Rim 725-2212

ARCHIPELAGO MARINE RESEARCH

Ltd. #1-1920 Lyche Road 731-4265

ARCHIPELAGO WILDLIFE CRUISES

Whiskey Landing, Ucluelet 726-8289

ARDENT PROPERTIES

#5-1920 Lyche Rd, Ucluelet.....250.619.1672
 Arellano A 681 Industrial..... 725-2786
 Ardent Properties 1645 Cedar..... 726-2004
 Arentsen JP 1310 Helen.. 726-2887
 Armstrong John G Dr 220 First 725-3282
 Res. 291 Arnet 725-3484

Army Navy & Air Force Veterans Club

1708 Peninsula 726-7122
 Arnet Andrea 1264 Pac Rim..... 725-3796
 Arnet Dorothy Sidney250-655-2060
 Arnet Roland..... 725-2230

ARROWSMITH FLOORING Centre

4717 Tebo Ave., Port Alberni..... 724-5326
 Arsenault Elmer 353 Yew 726-7089
 Arsenault Leo 1226 Helen 726-7374
 Arsenault T 437 Marine..... 726-7190
 Ashbee Pete 1-1720 Larch 726-7724
 Ashthorpe Gayle 27-860 Craig 725-2745
 Asia Dryden Conrtct 1396 Pac Rim.266-6664
 Aspinall Graham 398 Marine 726-0424

Atkinson Joe & Carol
 208-1971 Harbour 726-3439
 Atkinson Norman 442 Orca..... 726-2248
 Atleo River Air Service 50 Wingen 725-2205
 Aubertin Jackie 468 Orca..... 726-4488
 Audet Catherine 266-2446
 Augustine Joe 371 Main 725-3673
 Augustine Joe Lwr 371 Main..... 725-2791
 Aujla Gurmail Singh 1116 Abraham725-3117
 Austin Gordon: 266-0572 & Leah...266-0527
 Ayres Lorne 1120 Abraham..... 725-3787

B

BBK Fitness and Training..... 522-0455
 Bacon D..... 725-2426
 Badger C 487 Orca..... 726-3630
 Baert D 701 Campbell..... 726-5565
 Bailey David J 6-301 Arnet..... 725-2019
 Bailey Ted 726-6277
 Baird Brian K 1540 Larch..... 726-4329
 Baird Spencer L Jr 690 Campbell..... 725-4286
 Baker Elverna 25-860 Craig..... 725-2053



250-724-5326

4717 Tebo Ave., Port Alberni, BC V9Y 8A9
 (across from Windsor Plywood) arrowsmithflooring@shaw.ca

- Tile • Carpet
- Lino • Laminate
- Blinds and more
- Complete Bathroom Renos
- Floor Warming Systems
- Free Estimate
- Locally owned & operated

— HOURS —

Monday–Friday 8:30-5:00
 Saturday 10:00-4:00

Banke Bjorn Lwr 321 Leighton..... 725-3309
 Banke Carl 321 Leighton..... 725-3481
 Banks Douglas R 1310 Pac Rim..... 725-3798
 Banks Naomi 13-230 Main725-2276/3686
 Baril Linda..... 726-5300
 Barker Brenna 726-2448
 Barker Marla 726-5874
 Barkley Cafe 1-1620 Peninsula 726-2999
 Barlett Mike & Nancy
 748 Odyssey Lane..... 266-0054
 Barney Luke 726-7301
 Barney Perry 141 Ucluelet E 726-1245
 Barrett S 869 Barkley Place..... 726-1255

BARRYS DRUG MART

1685 Peninsula (rear).....726-4342/ fax2760

BASIC GOODNESS PIZZERIA

551 Campbell St, Tofino 725.2800
 Baswick Deloras 1320 Pac Rim..... 725-3145
 Baxter Cecilia 302B-151 Eik..... 725-2502

BAYSHORE WATERFRONT INN

153 Hemlock..... 726-2337
 BC Auto Assoc Service1-800-222-4357
 Beautiful You Tanning Salon & Spa
 1325 Peninsula Rd 726-2879
 BC Conservation Officer1.877.952.7277
 BC Ferries1-888-223-3779
 BC Government Liquor Store

Ucluelet 234 Main.....726-4411
 Tofino 328 Neill..... 725-3722
BC Hydro Inquiries1-800-224-9376
 Power outage/emergency..1-888-769-3766
 Power Smart.....1-877-431-9463
 BC Parks (Clayoquot Area).....726-2168/2196
 BC Treaty Commission.....1-800-665-8330

BEACH BREAK LODGE

1337 Chesterman 725-3883

BEACH FRONT BISTRO at Best Western

Tin-Wis Resort 1119 PR Hwy 725-4445

BEACHCOMBER OCEAN TOURS

238 Matterson Road 726-3444
 Beaches Grocery 1184 Pac Rim Hwy.725-2237
 Beasley B 1922 Bay 726-2536
 Beaudry Cory 380 Main 725-3271
 Beaupied R 411 Campbell 725-2044
 Becker Werner 640 MacKenzie 725-2740
 Beek N..... 726-7091
 Beeley Julie.....250-266-0477
 Bekker Jur & Rina 926 Peninsula 726-7341
 Bella Pacifica Resort & Campground

400 MacKenzie 725-3400/ fax2400

Bellefleur Danielle 1259 Eber..... 726-7580
 Bennett T 1420 Pt Albion..... 726-1224
 Bernard Steve 990 Jensen 725-4459
 Bernard Warren 960 Campbell 725-3288

BERNIE'S SURFSIDE CLEANING

Services.....250-720-7937
 Bertin Deborah 20-1293 Peninsula... 726-3765

BEST LITTLE HAIR HOUSE

161 4th St., Tofino 725-8333



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ITALIAN WOOD FIRED PIZZERIA
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BEST WESTERN TIN-WIS RESORT

1119 Pacific Rim Hwy 725-4445
 Bewick J 726-2256
 Bewick M 1361 Chesterman 725-3968

BEYOND THE BAR

Draught beverage services.....266- 1051
 Big Daddy's Fish Fry 411 Campbell..... 725-4415
 Bird Chris 1255 Peninsula..... 726-4409
 Bird Chris 640 Warren Way..... 725-0265
 Bird Steve 730-2473
 Bisaro Raymond 1300 Smith-Dale 726-2885
 Bishop G 3-230 Main..... 725-2803
 Bishop Ralph 1309 Lynn..... 725-2128

BLACK BEAR KAYAKING

390 Main St, Tofino 725-3342

BLACK ROCK Oceanfront Resort

& Spa 596 Marine Drive..... 726-4800

BLACKBERRY COVE MarketPlace

243 Main St. Ucluelet 726-7668
 Blackett W Ben 875 Brabant..... 725-2889
 Blackwell Lance 131 Garden..... 726-2766
 Blake J 1009 Jensens Bay..... 725-2735
 Blanke Linda 725-3665
 Bloedorn Judy 1924 St. Jacques 726-2256
 Blue Room *A West Coast Bistro*
 1627D Peninsula 726-4464
 Boardmedic Glassing & Supply
 1024B Campbell 725-2211
 Bohlender J & B 725-4406
 Boileau Maryanne 725-3963
 Bond David 341 Main..... 725-3453
 Boquia M L..... 725-3104
 Bostrom G & J 358 Marine 726-7266
 Botting Gordon 320 Leighton..... 725-3920
 Botting Mike 1193 Eber..... 726-7287
 Botting Neil 220 Fourth..... 725-3467 / 3460
BOTTLE DEPOT 726-3748
 Ucluelet.....325 Forbes Road
 Bouchard Therese
 1330 Chesterman Beach..... 725-4278
 Boulton D 360 Gibson..... 725-2919
 Boyd Alan 423 Orca 250-735-9453
 Boyko Jeanette 726-7257
 Boysen Mark 1236 Peninsula..... 726-0427
 Bradford D 1331 Pac Rim..... 725-4289
 Bradford Kaila 726-6076
 Bradshaw A W 7-360 Campbell 725-3766
 Bradshaw J C 1301 Peninsula 726-7082
 Bradshaw L 1126 Fellowship 725-3139
 Bradshaw Nancy 1379 Thornberg 725-2395
 Braiden Bill 1702 Holly..... 726-2209
 Braiden W 260 First..... 725-2640
 Braker Clifford 313 Forbes..... 720-7988

Best Western

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BEACH FRONT BISTRO
 at Best Western Tin-Wis Resort
 1119 Pacific Rim Hwy, Tofino

325 FORBES ROAD UCLUELET
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 Wednesday → Saturday 10 am – 4:45 pm
July → September:
 Tuesday → Saturday 10 am – 4:45 pm
 Closed Stat Holidays
 Please call to check for holiday closures

BOTTLE DEPOT

726-3748

BRAKER ELECTRIC

313 Forbes 720-7988
 Branscombe W E 1117 Coral 726-4650

BRAVOCADOS

3-368 Main St., Tofino 250-725-3667
 Bray James 950 Campbell..... 725-4264
 Brewster Robert 1914 Bay 726-7902
 Brice W & C

242 Mavis Ave 726-2311 / 250-266-2589
 Brienz D 5-1383 Thornberg..... 725-4493
 Brierley Jennifer Upr 647 Parlee..... 725-3701
 Brierley Neil Bsmt 647 Parlee 725-1272
 Brimar B&B 1375 Thornberg Cres.... 725-3410
 Brittain B & E 240 Albion 726-2401
 Broadfoot Barry 725-2736
 Brown Maggie 936 Amphitrite..... 731-1002
 Brown Nancy 844 Elina 726-7618
 Brown Sue 460 Marine..... 726-2330 / 2686
 Brown Terrence 210 Opitsaht 725-4401
 Browning Pass Charters
 890 Campbell St..... 726-8605 / 725-3342

Brubacher Jan
 Ctg 1330 Chesterman 725-2354
 Bruce Maré 522-0150
 Bruhwiler Francis..... 725-2865
 Bruhwiler R 311 Olsen..... 725-2712
 Bruhwiler Surf School 311 Olsen 726-5481
 Bruhwiler V 800 Campbell..... 725-4282
 Buckle Chris 604 Pfeiffer 725-2382

BUDGET CAR & TRUCK RENTAL

Long Beach Airport Terminal 725-2060
 Buhtz B 341 Olsen 725-3274
 Burchett A J 680 Campbell 725-3492
 Burley Ron 1069 Helen..... 726-4444

Burley Ron & Micheline 726-4482
 Burn Reference - Open fire..... 1-888-797-1717
 Burnet Jean 250-522-0311
 Busby Janet..... 726-7231

BUSINESS INFO CENTRE

Tofino: 1426 Pac Rim Hwy 725-3414
 Ucluelet: 1598 Peninsula..... 726-4641
 Buston Nicola..... 726-2269

C

C&N Backpackers Hostel
 2081 Peninsula 726-7416
 Cabinas Tofino 1125 Abraham..... 725-2267

CABINS AT TERRACE BEACH

1090 Peninsula 726-2101

CABINS WEST ACCOMMODATIONS

258 Boardwalk 726-7778

CABLE COVE INN

201 Main Street, Tofino 725.2660
 Callaway B 306 Marine..... 726-7166
 Calli Krista 2420 Willowbrae 726-2554
 Calverwood Stephen 35-860 Craig 725-8557
 Cameron Donald 92 Pt Albion 266-8777
 Patricia 726-6641
 Cameron Garth 659 Parlee 725-3404
 Campbell A D 337 Yew 726-0403
 Campbell B Upr 260 4th 725-4455
 Canada Post 1-800-267-1177
 Tofino 161 First 725-3734
 Ucluelet 1636 Peninsula..... 726-4441

Canadian Cancer Society

Alberni Valley 5060 Argyle 724-2912
 Regional Office 1-800-663-7892
 Info Service..... 1-888-939-3333

BLACKBERRY COVE
MARKETPLACE
 243 MAIN ST. UCLUELET

Westcoast Bookstore
Natural Food Grocery

- Organic Produce
- Health and Personal Care
- Local Crafts
- Natural & Specialty Foods

Espresso & Tea Bar
 250.726.7668

Canadian Princess Lodge

1943 Peninsula726-7771 / fax7121

CANADIAN IMPERIAL BANK OFCommerce *phone banking*...1-800-465-2422

Ucluelet, 212 Main.....726-7701

Tofino, 301 Campbell725-3321

THE CANDY JAR

366 Campbell, Tofino725-2220

Carecard.....1-800-663-7100

Career Centre

101-1801 Bay Street.....726-4243 / fax2975

381 Main, Tofino725-8805 / fax2845

CARGO THRIFT STORE

243 Main St. Ucluelet726-7225

Carlson Connie 1303 Lynn.....725-2585

Carlson Glenn.....726-2221

Carlson Ty 875 Brabant.....725-2889

Carson J & M.....726-3608

Carson Jamie.....726-7609

Carving on the Edge Festival Society

106-368 Main725-2190

CASTAWAY'S VALUE STORE

455 Campbell St725-2004

Castro C725-3988

Caswell E & B 166 Fraser Ln.....726-7673

Cawston D 1260 Pac Rim Hwy725-4410

Cawston D Cabin725-4499

CEDAR GRILL Family Restaurant

7-1636 Peninsula, Ucluelet726-2888

Cedar House Gallery266-0984

Central Westcoast Forest Society ...726-2424

Cermaq Canada Ltd

61 Fourth.....725-1255/3831 / fax1250

Chamber Of Commerce

Ucluelet 1598 Peninsula...726-4641 / fx4611

Pacific Rim Info Centre.....726-4600

Tofino 1426 PRim Hwy.725-3414 / fax3296

Chamberlain T 1273 Lynn.....725-2707

Chamberland Jacqueline726-2615

Chan D 1187 Lynn.....725-3777

CHAPEL OF MEMORIES

4005-6th Ave P.A.723-3633 / fax3109

Charlie Melody 101 Ucluelet E.....726-2507

Charlie R 74 Wickaninnish.....725-0237

Charron P 1959 Cynamocka726-1226

Chernis J 947 Amphitrite.....726-1220

CHESTERMAN BEACH B&B

1345 Chesterman Beach.....725-3726

Chilton Jeff 1054 Campbell725-3622

Chiovitti R 1-595 Gibson725-1233

Chirka L.....726-2500

CHOCOLATE TOFINO

1180 Pac Rim Hwy.....725-2526

Choquette D 311 Arnet725-3403

Christ Community Church

1419 Peninsula726-7305

Christensen Dave 335 Marine726-7535

Christmas M A.....726-1250

CIBC Telephone Banking.....1-800-465-2422

Tofino 301 Campbell St.....725-3321

Ucluelet 212 Main St.726-7701

Cirella O 1624 Holly Cres.....604-210-1403

Clark April 1233 Lynn725-2464

Clark C R 401 Marine726-7124

Clark J S 231 Otter726-7240

Clarke C725-2559

Clarke H725-3312

Clarkson Peter725-3911

CLASSIC WESTCOAST LIMOUSINE

Service.....726-7910

CLAYOQUOT ACTION

Box 511, Tofino1.877.422.9453

CLAYOQUOT BIOSPHERE TRUST

316 Main (Tofino).....725-2219 / fax2384

CLAYOQUOT CONNECTIONS**TOURS** (Marine) Tofino.....726-8789

Clayoquot Island Preserve

100 Stubbs.....725-2115

Clayoquot Seaview Inn

750 Campbell.....725-1259

Clayoquot Ventures Guide Service

561 Campbell.....725-2700

CLAYOQUOT WILD 1st Nations Ecotours

316 Main St., Tofino.....266-0543

Clayoquot Wilderness Resort Ltd ...726-8235

Clayton B726-7529



Ucluelet Consumers Co-op

726-4231

Food • Hardware
Fuel • Fashions
Bakery • Deli

Administration.. 726-4231

Gas Bar.....726-2006

Fax.....726-4440

*Largest Shopping Center
on the west coast*
“Everyone Welcome”
You're at Home Here!
Co-op Equity & Cash Back

 Box 100, 1580 Peninsula Road, Ucluelet
 admin@uclueletcoop.com

Close David 204-368 Main725-1263

Close David 1475 Pac Rim Hwy725-3366

Close Richard H 1475 Pac Rim725-3995

Close Sam 423c Marine.....726-4637

Cloutier Stephane.....726-0005

Clutesi Lyle.....726-2969

COAST CANINE Dog Walking**Day Care & Dannel**726-7411

Coast Guard: Tofino725-3231

Pacific Rim Safety South.....250-627-3082

COASTAL COMMUNITY Credit Union

Ucluelet: 1566 Peninsula...726-7790 / fx1285

Tofino: 311-368 Main725-2399 / fx3977

COASTAL CONCEPT

DEVELOPMENTS LTD725-2919

COBBLEWOOD & Bird Sanctuary Guesthouse

1110 Fellowship Dr.725-2741

Cobella Hair Studio 1328 Edwards..726-2266

Cohen R 18-911 Campbell725-3792

Cohon Chris Cbn 1252 Pac Rim.....725-2728

Cole C.....726-2333 / 726-5000

Cole Lance & Barb 1325 Peninsula....726-2879

Collins Robert G 1321 Lynn.....725-1282

COMMON LOAF BAKERY

180 First St. Tofino725-3915

COMPASS Wedding Cafe.com

To order text or call250-534-9425

Congdon Brian 1192 Eber.....726-7061

Connon Jennifer 1355 Victoria.....726-1246

Connors E Ctg 1303 Lynn725-3817

CO-OP Tofino 140 First St725-3226

Hardware 121 First.....725-3436

Tofino Co-op Gas Bar.....725-3225

CO-OP Ucluelet 1580 Peninsula...726-4231

Ucluelet Co-Op Gas Bar726-2006

Ucluelet Branch

• 250-726-7701

Fax: 250-726-7619

Box 160, 212 Main St.

**Tofino Branch**

• 250-725-3321

Fax: 250-725-3311

Box 91, 301 Campbell St.

• CIBC Bank by Phone

1-800-465-CIBC (2422)

• CIBC Bank Online: www.cibc.com



- Cook Celena726-3489
- Cook Robinson Calf Island726-8647
- Coombs E725-3778
- Cootes Alec 483 Ucluelet E726-2380
- Corlazzoli Frank 1214 Peninsula....726-4248
- Corlazzoli Joe 1157 Rupert.....726-7217
- Corlazzoli K S 1276 Helen.....726-4408
- Corlazzoli M 1755 Peninsula726-4456
- Cortes J & S
1333 Peninsula726-4367 / Fax 2501
- Cortes K726-7131
- COX BAY BEACH RESORT**
1431 Pacific Rim Highway725-2600
- CRAB APPLE FLORAL**
1141 Pacific Rim Hwy, Tofino725-2911
- Creative Salmon Co. Ltd
612 Campbell.....725-2884 / fax2885
- CREDIT UNION, Coastal Community**
Ucluelet.....726-7790 Tofino725-2399
- Cribbin P.....726-2577
- CRIME STOPPERS**
Tips Line726-7676 / 725-3200
- Crisis Line (KUU-US)1-800-588-8717 / 723-4050
- Crocker Debra & Tracy 300 Fourth....725-2326
- Crombie Ralph 700 Sharp725-4259
- Crosbie A725-2801
- Crosby Kate 967 Jensen's Bay725-0201
- Cross C 1253 Lynn.....725-3489
- Crowe-Swords Ellen726-4682
- Crowley Cory 590 Pfeiffer.....725-2245
- CROW'S NEST**
205 Main726-4214 / fax7303
- Crozier John 430 Orca.....726-2160
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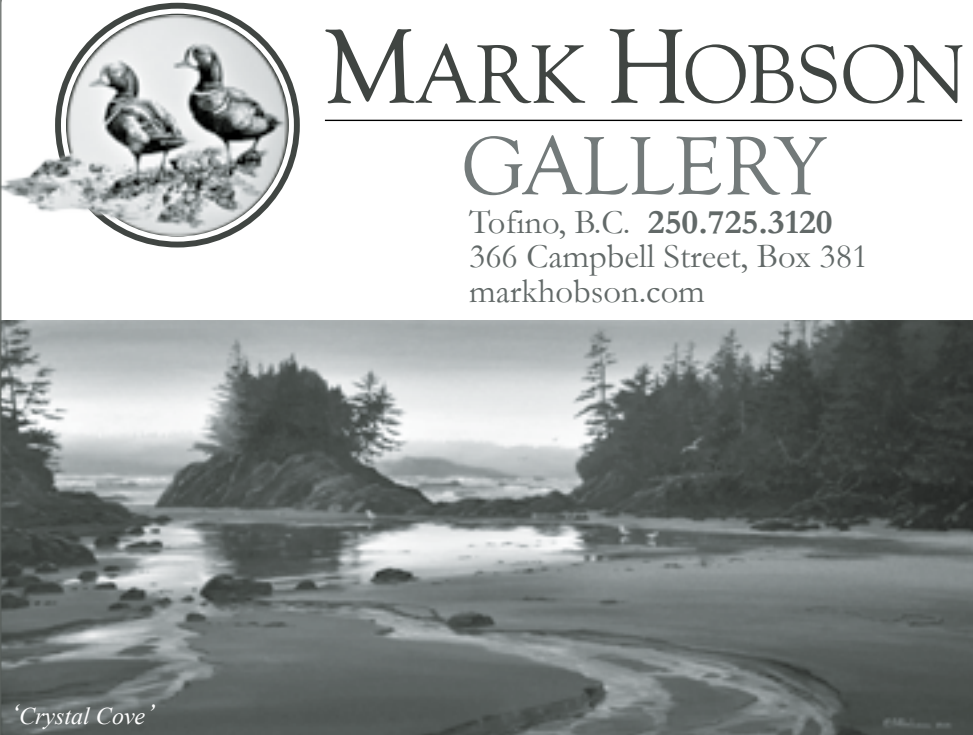
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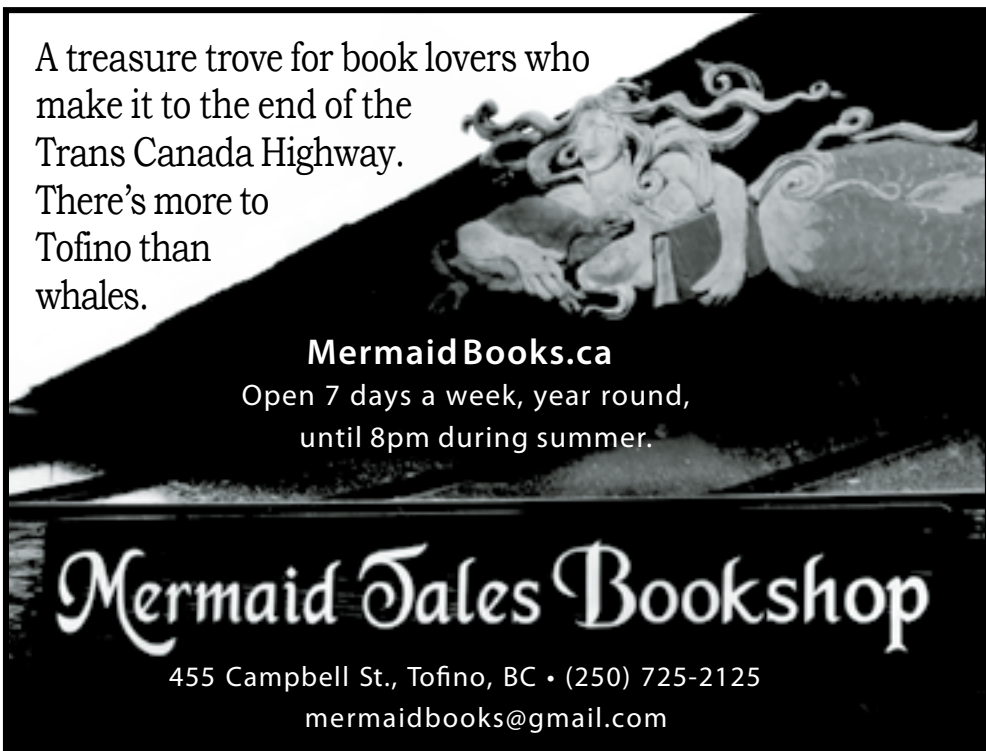
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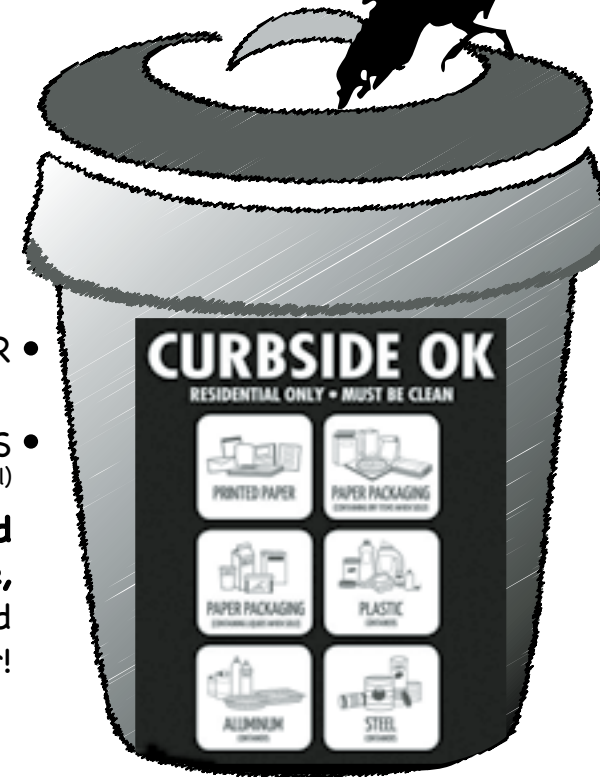
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This section is organized and funded by the Coastal Family Resource Coalition with funding through Success By Six - a partnership between Community Credit Unions, United Way and Ministry of Children and Family Development. Contact coordinator@coastalcoalition.ca to update your listing or make a donation.

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AHOUSAHT EMERGENCY First Responders &

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CHILDREN'S HELPLINE.....310-1234

COAST GUARD/SEARCH & RESCUE1-800-567-5111

Marine, Air Search & Rescue (EMERGENCY NUMBER)

KUU-US CRISIS LINE staffed 24 hours..... 1-800-588-8717

Alternate numbers: Administration line.....723-2323; Teen line.....723-2040 fax: 723-2382

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ALCOHOLICS ANONYMOUS 1-800-663-1441

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ALANON Wednesday meetings 7:30pm, Catholic Church, 1663 Peninsula, Ucluelet.726-7279

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West Coast Mental Health & Addictions (appointments in Tofino or Ucluelet) 726-1282 / fax 726-2681

Discovery Program (for youth and families, see also Counselling)..... 250-266-1565

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For children's services (audiology, vision screening, dental, nutrition etc) see VIHA listings in Telus directory blue pages or call 731-1315 Behavioural Consultant, Fresh Steps Self referrals welcome, for 0 to 18 yrs for typical, undiagnosed and special needs. Sliding scale, first consultation free. 250-731-8281 or freshsteps.jj@telus.net (also on Facebook)

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Child and Youth Mental Health Intake worker.

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Community Youth/Family Support Worker726-2343

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Children & Family Services continued

INFANT DEVELOPMENT consultants Child development & parenting concerns

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NTC Early Years Team central region.....725-3367.....726-7347..... 670-9558

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Tofino & Ucluelet service:250-816-2022

SOCIAL WORKERS, Ministry of Children & Families, speak to an intake worker 720-2650

Nuu-chah-nulth Social Workers..... 724-3232 / fax 723-6017

SPEECH & LANGUAGE THERAPIST, Pre-school Speech Services.....723-1118 / fax 7349

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NTC Early Years Team central region.....725-3367.....726-7347..... 670-9558

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Drop-in hours or by apt. in Ucluelet or Tofino. All services free & confidential

Ucluelet Community Centre 500 Matterson Dr.726-2343 / fax 2353

• Community Youth/Family Support • Outreach Workers • Women's & Children's Counsellors

• Westcoast Transition House On call 24 hours..... 1-877-726-2080 / 726-2020

WICKANINNISH Community School Society: After school programs..... 725.2555

YOUNG LIFE Non-denominational youth group726-4463 / fax 7020

COUNSELLING (Churches see page 70)

Child and Youth Mental Health Services, MCFD

Self referrals welcome, call intake worker at 720-2650 or 1-866-823-4249, service in Ucl.&Tof.

CHRISTINE CLARKE MSC Registered Clinical Counsellor.....725-2559

Credit Counselling non-profit charitable credit counselling service, confidential.....1-888-527-8999

KIYA Counselling & Consulting personal growth & problem gambling.723-9440 or 1-800-720-5306

LOUISE JEWELL MAR, RCC, CCPS - Betrayal Trauma Specialist & General Counselling

Confidential. No referral necessary. lousejewellonline.com..... 778-350-1344

MARCEL ZOBEL, MA, Registered Dance/Movement Therapist, Individual & family...726-4089

NIRVANA COUNSELLING M.Ed, RCC Individual and couples counselling.....250-889-0833

CHILD & YOUTH COUNSELLORS, Westcoast Community Resources Society..726-2343 / fax 2353

DRUG & ALCOHOL COUNSELLOR see West Coast Mental Health & Addictions, FN listings

NUU-CHAH-NULTH TEECHUKTL QUU?ASA Tofino 1-866-901-3367 or 250-725-3367

WOMENS PROGRAM, Westcoast Community Resources Society.....726-2343

• Counselling for women who have experienced violence; free & confidential. Apts. in Tofino or Ucluelet

• Outreach services for women and their children; support and advocacy, Apts. in Tofino or Ucluelet

West Coast MENTAL HEALTH & ADDICTIONS Services 272 Main Ucluelet 726-1282 / fax 2681

Provides assessment, treatment & case management for adults dealing with chronic mental health

&/or addictions issues. Physician or self referral, services in Tofino, Ahousat and Ucluelet.

Discovery Program Service to youth & families concerned with substance use.....250-726-2343

DAY CARE & PRESCHOOLS

CINDY BEARS DAYCARE

8am 5:30pm Monday to Friday licenced multiage group.....726-2235 fax: 6-4434

COMMUNITY CHILDREN'S CENTRE All year

Tofino licenced group daycare for 30 months. to 6 yrs. 8:30 am-5 pm, Mon.-Friday..725-4009

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HOT SPRINGS COVE HEADSTART..... 670-1115

MAAQTUSIIS DAYCARE/HEADSTART.....670-9519

OCRA PLAY LICENSED CHILDCARE725-8801

TLA-O-QUI-AHT HEADSTART/ PRE-SCHOOL

Grace George, Carol Martin, Gail Hayes Esowista725-2351, Opitsaht725-3233

UCLUELET PLAYSCHOOL 10:00 – 12:00 Tues & Thurs. for 3-5 year olds. Call.....726-7772

UCLUELET CHILDREN'S CENTRE 500 Matterson Dr.

Licenced daycare, 8 am -5:30 pm726-2339

STRONGSTART PRE-SCHOOL PROGRAM, at Ucluelet & Wickaninnish Elem.

(Sept-June), free school based early learning program for parents and adults to attend with their children aged 0-5 UES... 726-7793 WES... 725-3254

EDUCATION / SCHOOLS / CAREERS

LIBRARIES Tofino.....725-3713 Ucluelet.....726-4642

Raincoast Education Society725-2560

ELEMENTARY SCHOOLS - Ahousaht, see listing under Secondary Schools below

Hesquiaht Place of Learning.....670-1191

Ucluelet Elementary School.....726-7793/ fax 2732

Maaqtusiis Elementary School :670-9589/9555/ fax 9543

Wickaninnish Elementary School.....725-3254/ fax 3264

Wickaninnish Community School Society:.....250-725-2555

Adult & child programs evenings/after school.

SECONDARY SCHOOLS

Maaqtusiis Secondary School :670-9680/ fax9574

Ucluelet Secondary School726-7796/ fax 7710

SD70 School Trustee: Aujla Gurmail Singh.....725-3117

POST SECONDARY/TRAINING or Private Education

HOOKSUM OUTDOOR SCHOOL250-670-1120

NORTH ISLAND COLLEGE Adult Education, University Transfer, Vocational Training

Ahousaht.....670-9662/ fax 9660 Ucluelet726-2697/ fax 2698

TOFINO NATURE SCHOOL

Nature connection for visiting and resident children.....725-2544/ 266-2566

Alberni Valley EMPLOYMENT CENTRE Training & sponsorship info, resume & career services

UCLUELET: 101-1801 Bay Street...726-4243/ fx 2975 TOFINO: 381 Main St...725-8805

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Employment Insurance Enquiries (EI) The office is closed from 12-1pm.....1-800-206-7218

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WELFARE Inquiries (Ministry of Social Development local office in Port Alberni. To apply, call

pre-application services: 1-866-866-0800 press 3, then 1. Advocacy avail. at Westcoast Community Res. Soc.

Photos: Tofino Yoga & Melody Charlie



FIRST NATIONS SERVICES

AHOUSAHT FIRST NATION Administration's Office.....670-9563/9531/ fax 9696

- Band Manager • Social Development (SD) • Travel Clerk • Reception

AHOUSAHT CLINIC (Mon-Fri).....670-2509/ fax 2492

- Receptionist • Community Health Nurses ...670-9608
- CHR.....250-670-9588 • Pre/post Natal Nurse.....670-9608
- Home Care Nursing.....670-9615

AHOUSAHT HOLISTIC CENTRE.....670-9558/ fax 9554

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- Family Violence worker • Youth Counsellor • Justice worker • Family Care workers
- Circle of Healing

HESQUIAHT FIRST NATION

Band Office.....1-877-232-1100 or 670-1100/ fax1102

- Reception • Alcohol & Drug Counsellor • Membership & Housing
- Social Development and Family Care.....670-1101 confidential fax 670-1181

Health Services • Dr. Armstrong, Thursday mornings

TLA-O-QUI-AHT FIRST NATIONS725-3233/ fax 4233

- Tribal Administrator • Education Coordinator
- Membership.725-3262 • Social Development

HEALTH SERVICES

- Community Health Nurse 725-1232/3233 • Family Care Worker 725-3335
- Health Clerk/Home & Community Care Supervisor, Esowista & Opitsaht...725-3233
- Housing 725-3350 • Tluu-chaa Children's Centre.....Esowista 725-2351..... Opitsaht 725-3233

TOQUAHT NATION Administrative Office726-4230/ fax 4403

- Nation Administrator • Reception • Membership • Lands and Health Directors
- Financial Manager Community Health Representative
- Technical Support & Fisheries • Communications

UCLUELET FIRST NATION Band office and Learning Centre.....726-7342/ fax 7552

- Port Alberni Satellite Office: 724-1832 reception • Admin. Management
- Executive Secretary • Reception • Finance • Housing/patient travel
- Law Clerk/Citizenship & Enrollment • Pre-school • Treaty Implimentation Manager

HEALTH SERVICES Clerk/Reception.....726-7343/ fax 7396

- Family & Child services • Community Services Manager • Community Health Nurse
- Social Development Admin.

GENERAL HEALTH

811 HealthLink BC...24 hr call to Nurse info, Pharmacist or Dietician weekdays
ACUPUNCTURE Arbutus Health Centre, Robyn Sorge...725-2212, Earth Acupuncture
 Shawna Bohlender R.Ac.s.725-2544, Sound Acupuncture, Matthew Kupnicki R.Ac...266-0232
AIDS & SEXUALLY-TRANSMITTED DISEASES, Testing & Information.....1-800-661-4337
AIDS VANCOUVER ISLAND, (Nanaimo)753-2437 / fax 4595
BODYWORK see pages 56 for body work and 64 for spas.
CHIROPRACTOR Pacific Rim Chiropractic, Dr. Ron Norman, ph / fx 726-2220
 11-1636 Peninsula, rear of Davison Plaza. Office in Tofino also, 381 Main St. (enter at rear)
CLINICS
Ahousaht Clinic (Monday-Friday)670-2509 / fax 9635
Tla-o-qui-aht Health Services725-3338 / fax 725-2135
Hesquiaht Health Services670-1100 / fax 670-1181
Hitacu Health Center726-7343
Tonquin Medical Clinic, Tofino725-3282
Ucluelet Medical Clinic726-4443
PUBLIC HEALTH NURSE, Island Health725-4020
COMMUNITY HEALTH NURSES:
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Ahousaht670-9608 / fax 2492
Hesquiaht670-1104
Toquaht726-4230
Hitacu726-2993
DENTAL services for children contact Port Alberni Health Unit731-1315
DENTIST Dr. James M. Jameson Conradi Building, Neill St. Tofino.....725-2068
Dental Therapist (through Health Canada, serving NTC communities) 250.735.4162 or melanie_braker@hc-sc.gc.ca
DIABETES contact Port Alberni Health Unit.....731-1315
ENQUIRY B.C. To connect toll-free to any government service. (8am-5pm, Mon-Fri) **1-800-663-7867**
HOME & COMMUNITY CARE, HOME SUPPORT (through Tofino Hospital)..... 725.4007
 Self referrals, off reserve. Home support for elderly & surgical recovery. Info., assesments & care coord.
NUU CHAH NULTH TRIBAL COUNCIL HOME CARE NURSES.....725-3367
IMMUNIZATIONS.....725-4020 / fax-4019
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Nurture Day Spa726-6278 **Sacred Stone Spa, Tofino**.....725-3341
MENTAL HEALTH SERVICES, (see Westcoast Mental Health & Addictions)726-1282 / fax 2681
MOBILE MAMMOGRAPHY VAN.....1-800-663-9203
NUTRITION services for children- Contact Port Alberni Health Unit.....731-1315
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PHYSIOTHERAPY, physician referrals, for apts. call..... 725-4008
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 265 1st Street Tofino725-4020 press 0 / fax-4019 apts available in Ucluelet
TOFINO GENERAL HOSPITAL main number725-4010
 Hospital Lab.....725-4006 Health Records.....fax 725-4014

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NUU-CHAH-NULTH TRIBAL COUNCIL **1-877-677-1131**
Port Alberni FAMILY & CHILD SERVICES (USMA)724-3232 / fax 723-6017 or 1-877-722-3232
Community and Human Services Tofino Office1-866-901-3367 / 725-3367 / fax 2158
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 • Nana?iichiitla Education Services • Health Promotion & Social Development
 • Child and Youth Services • Teechuktl Mental Health Services • Tataathluk Nursing Services
 • USMA Family Development • Child and Youth Mental Health

POLICE

Non-emergencies: Tofino.....725-3242 **Ucluelet**.....726-7773 **Ahousaht**.....670-9612
TIPS/CRIMESTOPPERS Anonymous reporting of crimes 1-800-222-8477
VICTIM/WITNESS ASSISTANCE Program: Tof. & Ahousaht..725-3242 **Ucluelet**.726-7773
WEST COAST RESTORATIVE JUSTICE.....618-2481
Victim Link This free service assists victims of crime 24 hour service1-800-563-0808

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JUNIOR RANGERS Bernie Herbert726-2659
PARKS & RECREATION Tofino: Aaron Rodgers: 725-3229 **Ucluelet:** Abby Fortune: 726-7744
TOASTMASTERS, Public Speaking, new members welcome, contact Marilyn McEwan..726-2766
WICKANINNISH COMMUNITY SCHOOL SOCIETY
 Evenings & after school programs for adults, children and youth 725-2555 / fax 3264

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FOREST GLEN SENIORS HOUSING, Ucluelet
 Denise Sveinson, co-ordinator office.....726-2789
TOFINO SENIORS Housing Society (managing Mt. Colnett building).....726-5177

SUICIDE see also counsellors page 37

KUU-US CRISIS LINE **1-800-588-8717**
VANCOUVER ISLAND Crisis Line..... **1-888-494-3888**

WOMENS Services: see also 36

Westcoast Community RESOURCES SOCIETY www.wccrs.ca
 Services free & confidential:726-2343 / fx 2353
 Counselling, programs, referrals, advocacy, tech support (ph, fx, internet),
 Ucluelet drop-in hours: Thursdays 11-4 pm
 with a Community Lunch 12-2 pm at the
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Tofino: all programs, by apt: call ...726-2343

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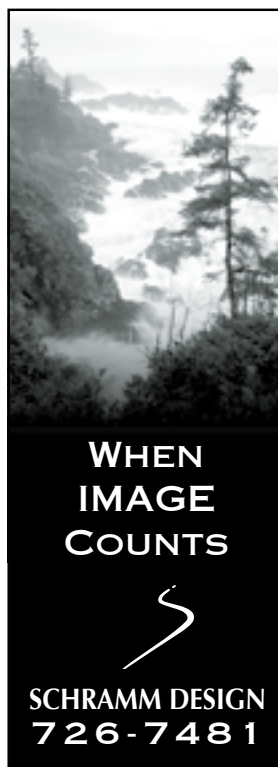
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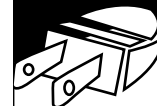
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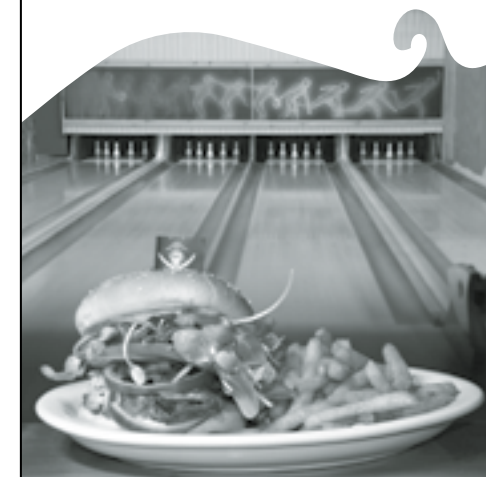
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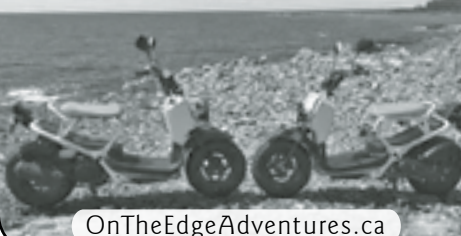
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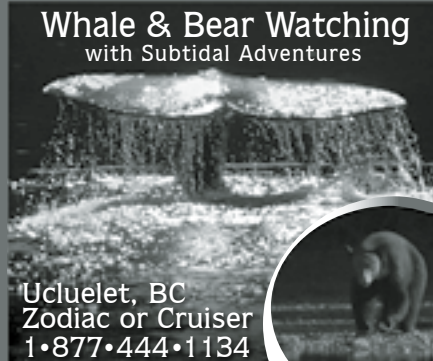
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WEST COAST AQUATIC SAFARIS

101 Fourth St. Tofino725-9227

see also water taxi page 66



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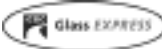
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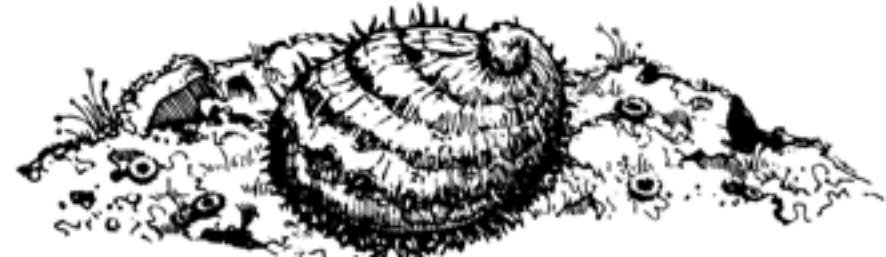
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WOMEN & CHILD SERVICES

Westcoast Community Resources Society

500 Matterson Drive.....726-2343

See community services directory page 36-41



SAVE BC'S WILD ABALONE

Abalone has been declared an endangered species despite a total closure since 1990. Stocks have not recovered due to poaching. You can help by not purchasing illegal BC abalone. If you witness poaching or suspicious activity call ORR.

OBSERVE, RECORD, REPORT: 1.800.465.4336

Reporting fisheries violations will help preserve our resource



- Date, time and location of violation
- Description of boats, vehicles and people
- Photos can be useful but do not endanger yourself
- Timely reporting is critical, you can remain anonymous.

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PARALYTIC SHELLFISH POISONING

PSP or red tide is caused by an algal bloom that produces toxins that are stored by clams, oyster, mussels and scallops.

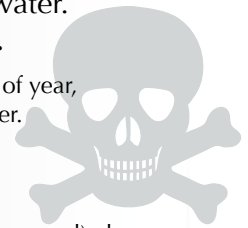


Cooking does NOT destroy toxins, check DFO website

This condition is not always visible in the water.
Eating contaminated shellfish can be fatal.

PSP or other toxins can contaminate shellfish any time of year, but is most common in warmer months, June to October. Shrimp and fish are not affected. Prior to harvesting shellfish, check ALL contamination closures including Paralytic (PSP), Amnesic (ASP), and Diarrhetic (DSP) Shellfish Poisoning, and Sanitary (emergency, annual, seasonal) closures.

Call **1.866.431.3474** or check DFO website (area 23 or 24).



ORR 1-800-465-4336

24 Hour Hotline Fisheries and Oceans Canada (DFO)

Churches

Christ Community

1419 Peninsula....726-7305

Grace Bible Church

Ucluelet Community Center
250-266-0050

Holy Family

1663 Peninsula....726-4225

St. Columba

110 2nd St, Tofino....725-3635

St. Francis of Assisi

441 Main.....726-4225

Tofino Bible Fellowship

Pastor.....725-2742

Volunteering

supports your community!

A selection of Non-profit Organizations:

- Central Westcoast Forest Society..... 726-2424
- Chamber of Commerce.....726-4614 | 725-3414
- Food Bank on the Edge 726.6909
- Guides...534-9777 Cubs/Scouts...725-3997/726-7746
- Junior Rangers..... 726.6089
- Pacific Rim Arts Society 726.2443
- Pacific Rim Hospice Society 725.1240
- Pacific Rim Toastmasters..... 726.2766
- Pacific Rim Whale Festival 726.7798
- Raincoast Education Society 725-2560
- Sea View Seniors Housing Society..... 726.2789
- Sunshine Club 726.7601
- Surfrider pacificrim.surfrider.org
- SCAT ukee.scat on facebook
- Thornton Creek Hatchery 726.7566
- Ucluelet & Area Historical Society..... 726.7271
- Ucluelet Aquarium..... 726-2782
- Wild Pacific Trail Society..... .info@wildpacifictrail.com

See pages 36-41 for more organizations

Phone Notes:

KNOW BEFORE YOU GO NEAR THE WATER



Use **CAUTION** near the power of the open ocean.

Tragically, people are swept off rocks or caught by rip currents every year.
Be CoastSmart, don't let this happen to you.

Know today's tides and weather forecast before hiking.

Keep wildlife **WILD**

SCARE
Don't stare!



If you see a wolf **SHOUT**,
stand tall & if challenged throw rocks.



Never feed wildlife



Leash pets



Keep trash inside



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Report human/wildlife conflicts • Help prevent habituation

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